



The Garret Club

Founded 1902

APRIL 2022



91 Cleveland Avenue Buffalo, NY 14222-1698 716/885-6010 office@garretclub.com www.garretclub.com

SEMINAR



BORDERLINE HISTORIES: REFLECTIONS ON CANADA/US FRONTIER, 1750S-2020S.

The third of three seminars
Thursday, April 7, 2022



Seminar Three: The (Paradoxically) Resurgent Border, 1970s-2020s. Over the past half century, the processes of continental integration have intensified through such agreements as NAFTA, and under the aegis of a world trade regime upon which Canada is particularly reliant; yet paradoxically, the border has also solidified into a much more substantial entity—as the ongoing pandemic has reminded us. Canadians generally declined to endorse the Cold War visions of either the US or the USSR, sought to limit their military engagements with NATO, pursued controversial policies with respect to the Communist world, and welcomed tens of thousands of US war resisters and draft dodgers, some of whom went on to play prominent roles in Canada itself. The rise of powerful Québec and indigenous nationalisms, the partial consolidation of a welfare state (especially Medicare), and the advent of Canada's Charter of Rights and Freedoms in 1982 meant that the two countries increasingly pursued divergent paths, all the while coexisting on the same continent and sharing many of the same institutions. This presentation will focus on the border as a resurgent reality in the lives of many people on either side of it.

Linda D. Pollack, Coordinator

10:00 AM convene 10:30 AM seminar
12:30 PM buffet lunch Guests welcome

ZOOM available

Each in-person seminar \$10 Buffet lunch \$15

Please reserve for each seminar and for lunch with Margie in the office



120th Annual Meeting

Tuesday, May 17th

- ✧ *State of the Club Report*
- ✧ *Election of New Directors*
- ✧ *Introduction of Next President*
- ✧ *Display of Members' Art Work*

12:00 noon ~ Convene 12:45 p.m. ~ Luncheon

Followed by program

Members only \$35 Reservations please



Mary Taylor Memorial Art & Craft Show



**In conjunction with the 120th Annual Meeting
on Tuesday, May 17, 2022**

Calling all artists & artisans!

All members are encouraged to bring their works in all mediums – paintings, ceramics, photographs, découpage, quilts, sculpture, etc.

Any questions? Contact Leslie Curtiss (508-265-3445) or Carol Kellogg (716-310-4416)

Drop-off day: Friday, May 6

Starting at 9:00 a.m. in the garret
You are welcome to deliver your items before then to be stored in the office.

From the President



Dear Garret Friends,

As we truly turn the corner into Spring, there is much happening at our Club. Construction is proceeding to make our bathrooms accessible and then work on the Auburn entrance will begin, to be completed in the early Fall. Not only will things work better but, along with the Dining Room update and refresh, things will look wonderful as well. All part of getting our Club ready for her next 120 years.

While we remain conscious of health matters, we are enjoying much more ease of gathering, are becoming comfortable with some larger events, and finding more ways to enjoy each others' company again.

Next month is our annual meeting and we have much to celebrate. We have come through difficult times these past two years in remarkable shape - bigger, stronger, and having more fun together than ever. Just look through this newsletter to see everything that is happening, a full schedule of events and a great variety of offerings. We remain a choice place to gather, to entertain, to enjoy lectures, games, and each other's company, all thanks to the determination and creativity of everyone.

Things will be busy, and a bit messy – literally – these next few months, but when it is all finished it will be truly special, so thank you for your patience and continued enthusiasm. Mark your calendars for Saturday, September 24th for our 120th anniversary Gala, and be ready to celebrate all of it together!

See you at the Club.

Lynn Butcher
Club President

Single Slate of Directors

It is with respect and gratitude that we are announcing the following members who have accepted nomination to the Board of Directors.

Linda Marsh
Dawn Northwood
Cynthia Baird Stark
Erica Tank
Christine Wiktor

Election will be held at the Annual Meeting.

ACTIVITIES & EVENTS

ZOOM CHAIR YOGA

Each Tuesday @ 10:00 a.m.

ZOOM PILATES

Each Wednesday @ 9:00 a.m.

MAH JONGG

Each Wednesday @ 10:30 a.m.

SOCIAL BRIDGE

Each Thursday @ 1:30 p.m.

MORNING SEMINAR

Third of Three

“Borderline Histories”

Final Thursday ~ April 7

ART STUDIO VISIT

Karen Tashjian

Monday, April 25 @ 11:00 a.m.

H&W TALK

Acupuncture

Tuesday, April 26 @ 5:00 p.m.

BUFFET DINNER

Tuesday, April 26 @ 6:00 p.m. – 7:30 p.m.

REFLECTING POOL

Tuesday, April 5 @ 3:00 p.m.

BOOK CLUB

Thursday, April 21 @ 11:00 a.m.

MEETINGS

If there is lunch served on your meeting day,
please reserve for both the meeting and for lunch.

Membership Committee

Thursday, April 7 @ 11:00 a.m.

Investment Club

Monday, April 11 @ 11:00 a.m.

Art Committee

Monday, April 11 @ 1:00 p.m.

Seminar Committee

Wednesday, April 13 @ 11:00 a.m.

House Meeting

Thursday, April 14 @ 11:00 a.m.

Finance Committee

Tuesday, April 19 @ 11:00 a.m.

Board Day

Wednesday, April 20

Intro to Member Applicants @ 11:30 a.m.

Buffet Lunch @ 12:00 noon Meeting @ 12:30 p.m.

Entertainment Meeting

Friday, April 22 @ 11:00 a.m.

No lunch served that day

To Committee Chairs and Activity Coordinators

Please let the office know the venue status of your meeting or activity – whether in-club, via ZOOM, via conference call - and if your event is cancelled or postponed. Thank you.

RESERVATIONS

Please reserve with Margie @ mlinton@garretclub.com

GOOD FRIDAY

April 15th

Clubhouse closed

HEALTH & WELLNESS

Acupuncture: East meets West Medicine Queen City Health and Wellness Clinic

Tuesday, April 26 at 5:00 pm



Toni Haug, L.Ac



Nicole Andrus, DAOM

A comprehensive approach to healthcare, Queen City Health & Wellness treats symptoms with their root causes in treating the whole person. Acupuncture – a medical treatment derived from ancient Chinese medicine, effective in treating modern medical conditions. It restores the body’s balance of energy – stimulating nerves, muscles, and connective tissue to reduce inflammation while promoting the body’s natural healing response – with the reduction of aches, pains, and musculoskeletal issues. By alleviating the body’s stress response, acupuncture supports mental and emotional health, sleep problems, and chronic tension.

Join us to learn about the benefits of Acupuncture.

Helps with relief for:

- ✧ Anxiety and depression.
- ✧ Aches, acute and chronic pain, musculoskeletal issues.
- ✧ Digestive, neurological and endocrinological issues.

Helps to improve:

- ✧ Quality of life, sleep, stress levels, lines/wrinkles with facial rejuvenation.

IN-PERSON and Zoom No charge for Health & Wellness Sessions **Guests welcome!**

RSVP to Margie Linton, Club Reservations @ mlinton@garretclub.com

BUFFET DINNER



Tuesday, April 26

5:30 p.m. - 7:30 p.m.

Seating times on the half-hour

All members and guests are welcome

\$35

Reserve with Margie

H&W Talk



“Super Agers”

May 24 @ 4:30 p.m.

Panel discussion on Aging Well:
The Secrets of Nonagenarians.

Walk with us!

Reinstein Woods Nature Preserve

**Listed on the State & National
Register of Historic Places**

Tuesday, May 3, at 10:00 a.m.



Walkers join us to enjoy the lush preserve of this 244-acre greenspace. Since its inception, Reinstein Woods has served as a park, arboretum, and outdoor museum.

10:00 a.m.: Meet at main entrance – in parking area.

Guests welcome

Reserve with Margie Linton

STUDIO VISIT

Monday, April 25
11:00 a.m.

Karen J.S. Tashjian
Painter



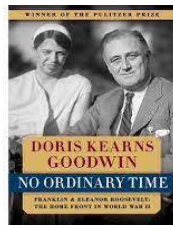
Karen's studio is located at the Niagara Frontier Food Terminal near the corner of Clinton and Bailey Avenues. Follow GPS directions to "Chateau Buffalo." Karen will meet you on the loading dock at the east end of the building, facing the side of the firehouse. Karen's phone: 716-474-8182. Reserve with Margie. 1 guest per member.

The Garret Book Club

The Book Club meets on the third Thursday of the month.

11:00 a.m. in the Clubhouse & ZOOM

Thursday, April 21



**NO ORDINARY TIME: FRANKLIN & ELEANOR ROOSEVELT:
THE HOME FRONT IN WORLD WAR II**
by Doris Kearns Goodwin

Reserve for the meeting & for ZOOM
with Pat Notarius @ patdnot@verizon.net

Lunch reservations with Margie

UPDATED COVID POLICY



February 14, 2022

Vax Cards: Anyone entering the Clubhouse must be fully vaccinated. This includes members and guests. Confirmation of a booster shot is no longer required. A record of your vaccines should be on file with the Club office. Either e-mail a copy of the card to the Club office – mlinton@garretclub.com - or have the card copied upon entry to the building.

Masks: While recommended when moving about the Club, masks are a matter of personal choice. Please do wear a mask when entering the kitchen or the office. The CDC suggests that the K95 and K94 masks provide the best protection.

Lecture Dinners: reservations are accepted for one guest per member. This allows us to maintain a safe level of participation for these popular events and access for more members.

All other events/meals: unless limitations are required, you may invite more than one guest.

COVID policies are subject to change.

Membership News

Welcome to Our New Members!

Sandra A. Barry
Pamela Earl Faust
Nicole H. Swift

Please see their enclosed contact information and biographies.



*Interested in sponsoring
a candidate for Club membership?*

First step: send an e-mail to the Garret office (office@garretclub.com) with a brief biography of the candidate to include:

- Full name of the candidate
- Names of two sponsors
- Status request (Resident, Non-Resident, Legacy)
- Occupation
- Community interests
- Hobbies and activities
- Other background: education, family, etc.

Upon approval of the Executive Committee, the office will provide one of the sponsors with an application packet to start the process.

Sometimes, all you need to do is ask.

Vivian Quinn, Membership Chair

DIRECTORY UPDATES

New address

Shelley C. Drake
25 Lancaster Avenue
Buffalo, NY 14222-1401

New address

Update phone numbers

Amy P. Early
15 Harbridge Manor
Williamsville, NY 14221-5830

Keep 716-868-2679 m Remove 716-639-3985
New office 716-845-2300

New address

Candace C. Graser (Candy)
221 Breakwaters
Buffalo, NY 14202-4314
716-481-2838 mobile

New e-mail

Judith Fisher
fshrjudy@icloud.com

New mobile phone number

Jane Mitchell
703-336-3470

New address

Michal Wadsworth
1299 Taquaka Road
Frankfort, MI 49635-9221

1902 VOLUNTARY FUND



April 1, 2022 – March 31, 2023

New pledge year

The 1902 Voluntary Fund was created to help preserve the beauty and gracious ambience of our clubhouse and its surroundings.

Late in March, a letter and a pledge card were mailed to each member. We hope you will consider donating for the new fiscal year. You may make a one-time payment or elect to make a convenient monthly pledge billed to your account.

Your generous support will allow us to move ahead on projects important to maintaining and enhancing our lovely clubhouse. Our dining room is getting a refresh and update, made possible by your contributions to this fund.

You may make a donation at any time and may choose to dedicate your gift “in honor of” or “in memory of.”

Please make your check payable to “The Garret Club” and write “1902 Voluntary Fund” in the memo line. We would appreciate pledge cards be returned by Friday, April 15.

Thank you

OPPORTUNITIES FOR GIVING

THE GARRET CLUB HISTORIC PRESERVATION FOUNDATION

For preservation of the house and grounds

Thank you

Mr. and Mrs. Charles F. Kreiner

Payable to: “The Garret Club
Historic Preservation Foundation”

1902 VOLUNTARY FUND

For the ambience of the Clubhouse

Payable to: “The Garret Club” with memo note “1902 Fund”

THE BETTY WELCH FUND

To assist employees in time of need

Payable to: “The Garret Club”
with memo “Betty Welch Fund”

Zoom Chair Yoga Class



Each Tuesday 10:00 a.m. – 11:00 a.m.
Val Cooley drvalcc@gmail.com or 716-374-2244

ZOOM



Pilates Professional, Beth Elkin Wales,
leads us through heart and mind healthy moves.

Each Wednesday at 9:00 a.m.

Contact Maura Cohen, Coordinator
rmcmkt15@gmail.com or 886-3962

MAH JONGG



Each Wednesday in the Club

10:30 a.m. ~ Play & Instruction

Mah Jongg Coordinator ~ Denise Hanlon

Mah Jongg Instructor ~ Diane Cart

Lunch reservations ~ mlinton@garretclub.com

Social Bridge



Each Thursday afternoon at 1:30 p.m.

Buffet lunch available at 12:30 p.m.

For bridge, contact Jane Arnold at

hjaniea@aol.com or

Marianne Sprague, 882-1639.

For lunch, let the office know each week
if you will be staying for lunch.

The Reflecting Pool



Club members gather in the clubhouse to
share and discuss their writing. If you are
interested, contact RoseAnn Berardi.

Tuesday, April 5, 3:00 p.m. – 4:30 p.m.

Please let RoseAnn know that you are coming

rarb78@hotmail.com

Dining at The Club

Bistros À la Carte

Reserve by 1:00 p.m. same day
 Thursdays, April 7, 14 No 4/21, 4/28
 Fridays, April 1, 8, 22 No 4/15, 4/29

Seating times on the half-hour
 Thursdays: 5:30 p.m. – 7:30 p.m.
 Fridays: 5:30 p.m. – 8:00 p.m.

Buffet Dinners \$35

Tuesday, April 26 from 6:00 p.m. – 7:30 p.m.

Seating times on the half-hour

Buffet Lunches \$15

Mondays, April 4, 11, 18, 25
 Wednesdays, April 6, 13, 20, 27
 Thursdays, April 7, 14, 21, 28

Lunch seating times

Seating times: 12:00 noon, 12:30 p.m., 1:00 p.m.
 Members & Guests Men: collared shirts and jackets

Reservations Margie @ mlinton@garretclub.com

BISTRO to Go

Same day ordering and pick-up

For Thursday and Friday Bistro, order from the Bistro menu by 1:00 p.m.
 Pick-up same day from 5:30 p.m. and 6:00 p.m.

Menus are e-mailed each Monday

Phone orders ONLY: 885-6010

Pick-up your order at the service door

Second Servings



Extra servings of soups and entrées from our daily lunches are packaged and stored in the members' freezer in the kitchen. Treat yourself to a Garret dinner or take homemade soup to a friend. You are welcome to come into the kitchen with your mask on to see what is available. Please add your selections to the Second Servings clip board.



DEADLINE: May newsletter/June calendar items are due to office@garretclub.com by Friday, April 8.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 10:00 Monday Duplicate Monday Lunch	3 10:00 ZOOM Chair Yoga 10:00 H&W Walk Reinstein Woods	4 9:00 ZOOM Pilates 10:30 Mah Jongg Wednesday Lunch	5 11:00 Membership Meeting Thursday Lunch 1:30 H&W Meeting 1:30 Social Bridge No Bistro	6 Starting at 9:00 ART & CRAFT SHOW Drop-off No Bistro
9 10:00 Monday Duplicate 11:00 Investment Club Monday Lunch	10 10:00 ZOOM Chair Yoga	11 9:00 ZOOM Pilates 10:30 Mah Jongg Wednesday Lunch	12 11:00 House Meeting 1:30 Social Bridge Thursday Lunch BISTRO	13 BISTRO
16 10:00 Monday Duplicate Monday Lunch	17 AM – Current Board Mtg 120 th Annual Meeting Mary Taylor Art & Craft Show PM – Incoming Board Mtg	18 9:00 ZOOM Pilates 10:30 Mah Jongg Wednesday Lunch	19 11:00 Book Club Thursday Lunch 1:30 Social Bridge BISTRO	20 BISTRO
23 10:00 Monday Duplicate Monday Lunch	24 10:00 ZOOM Chair Yoga H&W Talk Super Agers BUFFET DINNER	25 9:00 ZOOM Pilates 10:30 Mah Jongg Wednesday Lunch	26 Thursday Lunch 1:30 Social Bridge No Bistro	27 No Bistro
30 MEMORIAL DAY Club closed	31 10:00 ZOOM Chair Yoga			