



The Garret Club

Founded 1902

DECEMBER 2022



91 Cleveland Avenue Buffalo, NY 14222-1698 716/885-6010 office@garretclub.com www.garretclub.com



Friday, December 9th

12:00 Noon ~ Gather

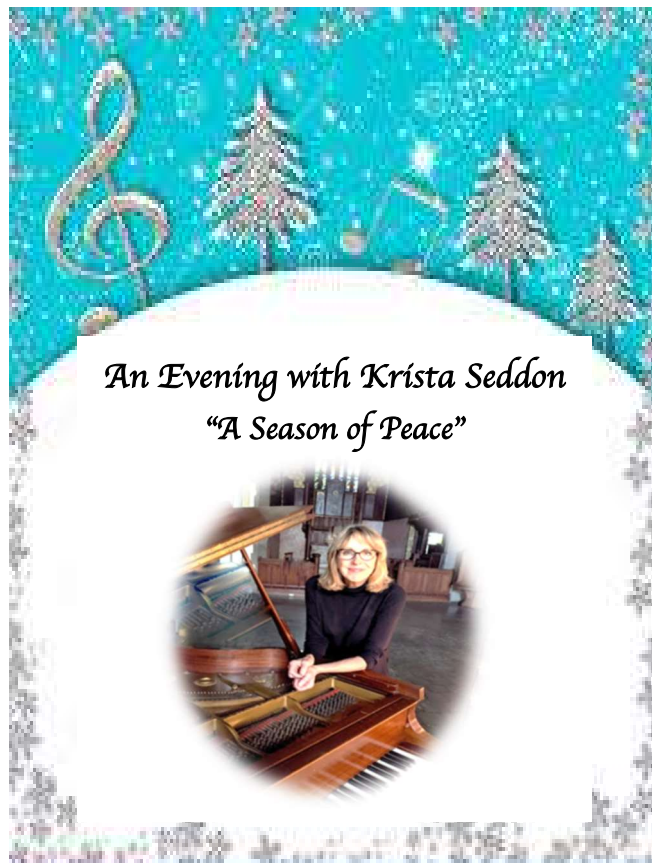
12:45 p.m. ~ Luncheon

Hostess and Club tables available

Guests welcome \$40 Valet parking

Reservations with Margie

mlinton@garretclub.com



An Evening with Krista Seddon

"A Season of Peace"



Musicians across time have created special music to celebrate the Season of Peace. They transport us from our busy lives and stir up memories and emotions that collapse time and space. Music is like an index system to the times of our lives. A song can take us to a moment in time where we remember what we were wearing, the scent of a flower or tree, every detail and somehow all of that is encapsulated in a single song. Krista will treat us to some of the most gorgeous music of the Season of Peace—from *Chestnuts Roasting* to *Gabriel's Oboe*.

Holiday Dinner Dance



Friday, December 16th

Music by The Uptown Groove Band

*Cocktails at 6:00 p.m. * Dinner starting at 7:30 p.m.*

*\$100 pp * Member Plus One * Reservations*

*Black Tie Optional * Valet Parking*



The Club will be closed from
Saturday, December 24 – Sunday, January 1
We will reopen on Monday, January 2

Holiday Concert & Dinner

Thursday, December 22

5:30 p.m. Cocktails 6:15 p.m. Concert

Followed by served dinner ~ wine included

Guests are welcome \$65⁰⁰

Reserve with Margie Linton

885-6010 or mlinton@garretclub.com

From the President



Dear Ladies of the Garret Club,

Happy Holidays!! I know we are all so busy this time of year but I hope you are taking time to do things for yourself that you truly enjoy! (Bridge, Mah Jongg, book club, etc.!!)

The Club will be adorned in all sorts of festive decorations - it is truly a special time to enjoy our club and there are many opportunities to do so! The annual Holiday Luncheon (guests welcome) on the 9th is always a delightful way to kick off the season - make a reservation for a Club table and meet some of our amazing new members! The Holiday Dinner Dance (or not to dance!) December 16th is one of the highlights of the Garret's entertainment calendar (this is a plus one event) - beautiful club, wonderful food and fun music always make for a memorable evening. There is a special "Season of Peace" piano concert by nationally known Buffalo resident Krista Seddon followed by a lovely dinner on the 22nd (guests welcome). And of course, there are three bistro nights to which you can bring friends and family to enjoy Chef's delicious offerings and our beautiful club. So please make your plans and celebrate the holidays with your friends and family at the Garret Club! And remember to make sure you thank our fabulous staff and offer them your warmest wishes for the holidays!

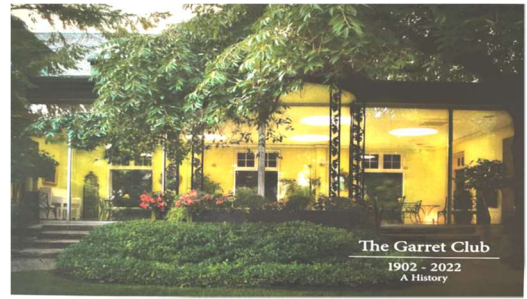
As we gear up for the holidays, don't forget that after they are all over, the Club continues to offer lunch Monday, Wednesday and Thursday and Bistro dinner on Thursday and Friday. Many women have commented about the inconsistency of dates for Bistro nights. I know this can be frustrating at times but we are working with Dennis to come up with the best possible arrangements for going forward - remember that you as our members are the women who make certain these events are successful by making your reservations!

It is such a special time of year - I hope you can all be with family and friends and be grateful for each other and the time you are able to be together. Enjoy the season and I hope to see you all at the club!

Best wishes for a joyous holiday season!

Anne Harding Joyce
President

PS Don't forget the club will be closed December 24th - January 1st. Will reopen January 2nd.



The Garret Club 1902 - 2022 A History

Forward by Lauren Belfer

There's still time to place your order with the office.

Each book \$70.69 (\$65.00 + NYS Sales Tax).

You may write a check to "The Garret Club"
or have your Garret account billed.

Contact Margie Linton, mlinton@garretclub.com

ACTIVITIES & EVENTS

MONDAY DUPLICATE BRIDGE

Each Monday at 10:00 a.m. and after lunch

ZOOM PILATES

Each Wednesday from 8:45 a.m. - 9:45 a.m.

MAH JONGG

Each Wednesday @ 10:30 a.m.

SOCIAL BRIDGE

Each Thursday @ 1:15 p.m.

REFLECTING POOL

No meeting in December.

ART TOUR

Assembly House 150
Monday, December 5 @ 11:00 a.m.

H&W TALK

Dr. John Leddy ~ Concussions
Tuesday, December 6

HOLIDAY LUNCHEON

Friday, December 9

BOOK CLUB

Thursday, December 15 @ 11:00 a.m.

HOLIDAY DINNER DANCE

Friday, December 16

HOLIDAY CONCERT & DINNER

Krista Seddon
Thursday, December 22

RESERVATIONS

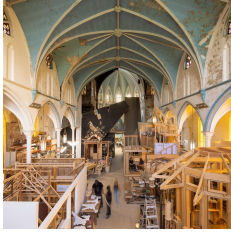
Please reserve with Margie Linton in the office
mlinton@garretclub.com

December 2022 Board Meeting - New Date
The Board will meet on December 14th.

ART TOUR

Monday, December 5, at 11:00 a.m.

ASSEMBLY HOUSE 150 AT 150 Edward Street



Join us for a tour of Assembly House! Assembly House 150 is an artist-led non-profit art, design, and construction incubator and experimental learning center in Buffalo, NY. Founded and directed by Dennis Maher – a renowned artist and professor of architecture at University at Buffalo – Assembly House 150 creates inspiring, wondrous environments for all to experience the art of building. The tour will introduce attendees to our workforce education programs and ongoing projects in the community and allow for ample exploration of our space.

Attendees should plan to dress warmly. Parking will be available on the street and in the lot directly adjacent to the church.

Gina O'Neill, Coordinator

Guests welcome

12:30 p.m. ~ Buffet lunch at The Club (optional)

Tour no charge Buffet \$15

Reserve for tour and lunch with Margie
mlinton@garretclub.com

H&W Talk

Tuesday, December 6 @ 5:00 p.m.



Dr. John Leddy

“Concussion and Post-Concussion Syndrome”

Dr. John Leddy is President of the International Concussion Society. He is a Professor of Clinical Orthopedics and Rehabilitation Sciences at the University at Buffalo Jacobs School of Medicine and Biomedical Sciences, the Medical Director of the University at Buffalo Concussion Management Clinic, the Director of Outcomes Research for the UBMD Department of Orthopedics and Sports Medicine at the University at Buffalo, and the former Program Director of the University at Buffalo Sports Medicine Fellowship. Along with Barry Willer, PhD, Dr. Leddy developed the Buffalo Concussion Treadmill Test, the first standardized treadmill test in the U.S. to determine a concussed patient's exercise tolerance and to prescribe sub-threshold exercise treatment to speed recovery. In 2016, Dr. Leddy received the Best Overall Research Award from the American Medical Society for Sports Medicine.

Dawn Northwood and Madeline Lillie
Coordinators

Talk is available in person or via ZOOM

No charge for H&W Talks

Guests are welcome

Buffet dinner available following talk \$35

Reserve with Margie for the talk
(in person or ZOOM) and/or buffet dinner
mlinton@garretclub.com



Brief Drop-In Breath-Therapy Sessions

12:00 Noon - 12:15 PM

In the Founders Room (second floor)

December 7, 14 and 19

Member Bonnie Cywinski will be conducting brief breath-therapy sessions on a regular basis at The Garret Club.

Reservations are not necessary. Simply drop in for a little mental “tune-up,” sitting in a chair for 10-15 minutes while Bonnie guides us in some relaxing breath patterns. Very informal. No Zoom.

Coming in 2023

Shea's Tour



January 4 or 11
Date TBA

Bills Tailgate Party



Friday
January 20

Chinese New Year



Tuesday
January 24

H&W Talk Cardiology



Tuesday
February 7

Morning Seminar



James Currie
Fridays, February 17, 24, March 3
“Orpheus; Or, the Fate of Useless Music”



The Book Club meets the 3rd Thursday of the month.
11:00 a.m. in the Clubhouse & ZOOM

Thursday, December 15

All the Frequent Troubles of Our Days: The True Story of the American Woman at the Heart of the German Resistance to Hitler by Rebecca Donner

Reserve for the meeting & for ZOOM
with Pat Notarius @ patdnot@verizon.net

Lunch reservations @ mlinton@garretclub.com

BRIDGE NEWS



ANNUAL HOLIDAY DUPLICATE BRIDGE LUNCHEON
With The Twentieth Century Club

Monday, December 12

Schedule

9:30 a.m. – Registration
10:00 a.m. – Play begins
12:30 p.m. – Served luncheon
1:30 p.m. – Play continues

Kathy Pollock, Director \$25 bridge & lunch
Sign up with Margie, mlinton@garretclub.com



BRIDGE LESSONS FOR BEGINNERS

January/February 2022

Ruth Nawotniak, Instructor

Six lessons – Wednesdays from 10:00 a.m. to 12:00 noon

January 4, 11, 18, 25, February 1, 8

\$20 per lesson paid to instructor
\$100 for all six lessons if paying upfront
No refunds for missed classes

Reserve with Margie for lessons
and for optional buffet lunch \$15
mlinton@garretclub.com

Susan Burns, Bridge Chair

Regular Social Bridge



Each Thursday

Buffet lunch available at 12:30 p.m.
Afternoon play beginning at 1:15 p.m.
For play and lunch reserve with Margie
@ mlinton@garretclub.com

The Reflecting Pool



Garret Club writers' workshop

No meeting in December

For meetings, please let RoseAnn Berardi know that you are coming

@ rarb78@hotmail.com.



ZOOM Pilates

Pilates Professional, Beth Elkin Wales, leads us through heart and mind healthy moves.

Each Wednesday at 8:45 a.m. to 9:45 a.m.

Contact Maura Cohen, Coordinator

rmcmkt15@gmail.com or 886-3962

MAH JONGG



New Club members are encouraged to join the weekly Mah Jongg group for fun play and lunch to follow

Each Wednesday in the Club

10:30 a.m. ~ Play & Instruction

Mah Jongg Coordinator & Instructor

Diane Cart @ dicart80@gmail.com

Please reserve with Diane for Mah Jongg & lunch



Interested in the stock market? Why not join us?

GARRET INVESTMENT CLUB

Investing with Garret members

We make it simple and fun to learn about financial markets and ways to invest in a diversified stock portfolio. Founded in 1974, the GIC meets monthly (both onsite and Zoom) with the purpose of investing in securities for the education and benefit of the member partners. Our meetings are informative and insightful, as outside experts offer their views on the markets and members present stocks to consider. No experience necessary and all are welcome.

Interested in hearing more? Please contact:

Denise Hanlon, Investment Club President,
at 864-7243 or dhanlon50@mac.com

Membership News

Welcome back!

Resident Member

Susan Lenahan Kimberly (Susie)

56 Lexington Avenue
Buffalo, NY 14222-1808
716-864-6757 mobile
susielenahan@gmail.com



*Interested in sponsoring
a candidate for Club membership?*

First step: send an e-mail to the Garret office (office@garretclub.com) with a brief biography of the candidate to include:

- Full name of the candidate
- Names of two sponsors
- Status request (Resident, Non-Resident, Legacy)
- Occupation
- Community interests
- Hobbies and activities
- Other background: education, family, etc.

Upon approval of the Executive Committee, the office will provide one of the sponsors with an application packet to start the process.

Sometimes, all you need to do is ask.

Vivian Quinn, Membership Chair

The Board of Directors records with sorrow the death of Marianne L. Sprague on November 21, 2022.



MEMBER CONTACT UPDATES

New address

Mary Ann Byers

5200 Chestnut Ridge Road, Room 414
Orchard Park, NY 14127-3297

New address (12/09/22)

Sarah Goodyear

1 Gates Circle, Apt. 604
Buffalo, NY 14209-1130

Correct middle initial & e-mail address

Barbara A. Holub (Tom)
barbolub46@gmail.com

New address

Gail Sfeir

731 West Ferry Street, Apt. 2G
Buffalo, NY 14222-1665

New e-mail

Jane Buck

ljbuck310@gmail.com

New e-mail

Linda Todd

mltodd@gmail.com

OPPORTUNITIES FOR GIVING

**THE GARRET CLUB
HISTORIC PRESERVATION FOUNDATION**
For preservation of the house and grounds

Thank you

Dianne Bennett, Cindy Abbott Letro,
William and Barbara Regan, Judy Reich

Payable to: "The Garret Club Historic Preservation Foundation"



1902 VOLUNTARY FUND
For the ambience of the Clubhouse

In honor of Cathy Beltz
Cindy Abbott Letro

*In honor of Liz Hemenway who
brought Mah Jongg to the Garret*
Denise Hanlon

*In memory of Pat Leonard
Mah Jongg Player Extraordinaire*
Denise Hanlon

In honor of Diane Cart for preserving Mah Jongg at The Club
Denise Hanlon

Thank you

Sandra Laub

Payable to: "The Garret Club" with memo note "1902 Fund"



THE BETTY WELCH FUND
To assist employees in time of need

Payable to: "The Garret Club" with memo "Betty Welch Fund"



THE LEGACY SOCIETY
For those to whom The Garret Club has been a source of pleasure and who wish to make a bequest to the Club.

Please refer to pages 20-22 in the May 2022
Member Directory for more details.



When the Buffalo schools are closed due to heavy snowfall, the club will be closed.

When the Buffalo schools are closed due to low temperatures only, the club will be open.

If an evening event is scheduled on a snow closing day and the weather clears and there is no declared snow emergency or travel ban, the General Manager, with the guidance of the Board, will consider opening for the event.

Notifications will be placed on the office phone, sent via an e-blast and when possible with TV channels 2, 4 and 7.

Dining at The Club



Bistros À la Carte Dinner

Reserve by 2:00 p.m. same day

Thursdays, December 1, 8 No Bistro 12/15, 12/22

Friday, December 2 No Bistro 12/09, 12/16, 12/23

Seating times on the half-hour

Thursdays: 5:30 p.m. – 7:30 p.m.

Fridays: 5:30 p.m. – 8:00 p.m.

Tuesday Buffet Dinner \$35

Tuesday, December 6 Available from 6:00 p.m. – 7:00 p.m.

Buffet Lunches \$15

Mondays, December 5, 12, 19 Closed 12/26

Wednesdays, December 7, 14, 21 Closed 12/28

Thursdays, December 1, 8, 15, 22 Closed 12/29

Lunch seating times

Seating times: 12:00 noon, 12:30 p.m., 1:00 p.m.

Members & Guests

Men: collared shirts and jackets

Reservations Margie @ mlinton@garretclub.com

BISTRO to Go

Same day ordering and pick-up

For Thursday and Friday Bistro, order from the Bistro menu by 1:00 p.m. that day
Pick-up same day from 5:30 p.m. and 6:00 p.m.

Menus are e-mailed early in the week

Phone orders ONLY: 885-6010

Pick-up your order at the service door



Second Servings



Extra servings of soups and entrées from our daily lunches are packaged and stored in the members' freezer in the kitchen. Treat yourself to a Garret dinner or take homemade soup to a friend. You are welcome to come into the kitchen to see what is available. Please add your selections to the Second Servings clip board.

JANUARY

January newsletter/February calendar items are due to office@garretclub.com by Friday, December 9.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 10:00 & PM Monday Duplicate Monday Lunch	3	4 8:45 ZOOM Pilates 10:00 Beginners' Bridge 10:30 Mah Jongg Wednesday Lunch 5:00 Entertainment Mtg	5 11:00 Membership Mtg Thursday Lunch 1:15 Social Bridge 1:30 House Mtg BISTRO	6 PRIVATE EVENT No Bistro
9 10:00 & PM Monday Duplicate 11:00 Investment Club Monday Lunch	10	11 8:45 ZOOM Pilates 10:00 Beginners' Bridge 10:30 Mah Jongg Wednesday Lunch	12 Thursday Lunch 1:15 Social Bridge BISTRO	13 BISTRO
16 10:00 & PM Monday Duplicate Monday Lunch	17 11:00 Finance Mtg	18 8:45 ZOOM Pilates 10:00 Beginners' Bridge 10:30 Mah Jongg 11:30 Board Intros Wednesday Lunch 12:30 Board Meeting	19 11:00 Book Club 11:00 Seminar Comm Mtg Thursday Lunch 1:15 Social Bridge BISTRO	20  Bills Tailgate Party
23 10:00 & PM Monday Duplicate Monday Lunch	24 CHINESE NEW YEAR 	25 8:45 ZOOM Pilates 10:00 Beginners' Bridge 10:30 Mah Jongg Wednesday Lunch	26 Thursday Lunch 1:15 Social Bridge BISTRO	27 BISTRO
30 10:00 & PM Monday Duplicate Monday Lunch	31			