



The Garret Club

Founded 1902



NOVEMBER 2022

91 Cleveland Avenue Buffalo, NY 14222-1698 716/885-6010 office@garretclub.com www.garretclub.com

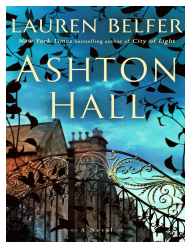
Celebrating 120 Years of Fabulous Women

LECTURE DINNER Thursday, November 3 Lauren Belfer

“From Castles to Cambridge to Golden Retrievers:
the Inspirations for ASHTON HALL”



Lauren Belfer grew up in Buffalo, New York. Her debut novel, *City of Light*, was a *New York Times* bestseller, as well as a *New York Times* Notable Book, a *Library Journal* Best Book, and a Main Selection of the Book-of-the-Month Club. *City of Light* was a bestseller in Great Britain and has been translated into six languages. Her second novel, *A Fierce Radiance*, was named a *Washington Post* Best Novel of 2010 and an NPR Best Mystery of 2010. Her third novel, *And After the Fire*, received a 2016 National Jewish Book Award. *Ashton Hall*, her fourth novel, was published in June, 2022. *Booklist* called it “exquisitely illuminated.” Lauren lives in the historic Greenwich Village neighborhood of New York City.



Book signing

Lauren will be available to sign copies of **Ashton Hall** after the talk. A representative from Talking Leaves will have books for purchase at the event.

Devon Marlette, Event Chair

5:30 PM – Convene 6:15 PM – Program

Followed by dinner Wine included with dinner \$55.00

Reserve with Margie @ mlinton@garretclub.com

Talk also available via ZOOM

Wine Dinner “Return to Europe”



Thursday, November 10

6:00 p.m. ~ Cocktails & Hors D’oeuvres

6:45 p.m. ~ Dinner served

\$85 Space limited

Hostess & Club tables of 8-10

Wines by Paradise Wines

Reservations ~ mlinton@garretclub.com



December Events

Holiday Luncheon

Friday, December 9

Now taking reservations

Holiday Dinner Dance

Friday, December 16

Phone reservations accepted starting November 15

Holiday Concert & Dinner

Krista Seddon

Thursday, December 22

Now taking reservations



Happy Thanksgiving

The Club will be closed on
Thursday, November 24 and Friday, November 25.

From the President



Dear Ladies of the Garret Club,

The Holidays are fast approaching and I encourage all of you to look closely at the calendar for the wonderful events that are planned for celebrating them. The annual Holiday Dinner Dance, a repeat of last year's beautiful evening piano concert and dinner, the annual Holiday Luncheon and Bistro nights are all available for making reservations. These Holiday events reach capacity quickly so I encourage you to make your reservations early!

There is still time to reserve for some very interesting November events: H&W Talks on therapy pets and concussions; two morning talks and a wine dinner. There is also an art tour of the Castellani Art Museum at Niagara University. Many great things to fill your calendar.

Here's some good news for all! The Contingency Committee, along with 100% Board approval, has lifted the Covid vaccination requirement for members and guests. HOORAY! There is no longer a member-plus-one policy for lectures, seminars, dinners, etc. UNLESS noted within the event announcement. That restriction will be only for events that the sponsoring committee knows will be very popular with the membership. It is asked, however, that if you or a member of your household are ill or have Covid symptoms that you respect your fellow members, guests and staff and please do not come to the club. Thank you all for having been so supportive of club policies during these past two and a half years - we have been able to keep our members and staff healthy while continuing to enjoy our wonderful club.

We are so lucky to have the amazing staff that we have - most of whom stuck it out with us through the Covid years and have been a part of our daily lives for a long, long time. So please celebrate them through your annual Employee Holiday Fund contribution. We want them to know how much they mean to all of us and our beautiful club.

Have a wonderful Thanksgiving everyone!

Warmest Regards,

Anne Harding Joyce

Employees' Holiday Fund

At this time of giving thanks, it's with much pride and appreciation that we wish to thank our incredible staff. These eleven talented and dedicated people enrich our experience of this beautiful club.

One of the ways our members show their appreciation is through the Annual Employees' Holiday Fund. Unlike other clubs, we have no gratuity charge on our daily luncheons and Club events.

Whatever you can give will be greatly appreciated by our devoted staff. You will receive your donation cards in the mail to be returned no later than December 1.

Checks may be written to "The Garret Club" with a memo note "Employees' Holiday Fund."

ACTIVITIES & EVENTS

MONDAY DUPLICATE BRIDGE

Each Monday @ 10:00 a.m. & after lunch

ZOOM PILATES

Each Wednesday from 8:45 a.m. – 9:45 a.m.

MAH JONGG

Each Wednesday @ 10:30 a.m.

H&W WELLNESS WALK AT KNOX FARM

Tuesday, November 1 @ 10:00 am.

MORNING TALK

Providence Farm Collective
Wednesday, November 2 @ 11:00 a.m.

LECTURE DINNER WITH LAUREN BELFER

Thursday, November 3

H&W TALK ~ THERAPY PETS

Tuesday, November 8 @ 5:00 p.m.

MORNING TECH TALK

"Learn How to Cut the Cord"
Wednesday, November 9 @ 11:00 a.m.

INTRODUCTION TO THE PILATES METHOD

Thursday, November 10 @ 11:00 a.m.

WINE DINNER

Thursday, November 10

BOOK CLUB

Thursday, November 17 @ 11:00 a.m.

ART TOUR

Castellani Art Museum at Niagara University
Wednesday, November 30 @ 11:00 a.m.

H&W TALK WITH DR. JOHN LEDDY

Concussion & Post-Concussion Syndrome
Tuesday, December 6 @ 5:00 p.m.

RESERVATIONS

Please reserve with Margie Linton

mlinton@garretclub.com

WEBSITE ZOOM LIBRARY

Zoomed Club Lectures, Seminars
and Talks are available on the
Garret website.

COVID POLICY UPDATE

The Contingency Committee recommended and the Board approved that at this time the Club is waiving all Covid restrictions including no more proof of vaccination required. Masks remain a matter of personal choice. There will be no limit on guests for Club events unless otherwise stated per event.

**Please respect the other members,
guests and staff.**

**If you or anyone from your household is sick,
please do not visit the Club.**

COVID policies are subject to change.

MORNING TALK

Wednesday, November 2, 2022



PROVIDENCE
FARM COLLECTIVE

The Providence Farm Collective located in Orchard Park reconnects refugees and immigrant communities (from Somalia, Myanmar, Burundi...) with access to farmland as they rebuild their life in the United States. Farming and working on the land helps the communities find something familiar in a foreign land. In 2021, more than 275 farmer-changemakers grew and harvested more than 90,000 pounds of produce on 14 acres. This produce was sold or donated to their families, their communities, and other Western New Yorkers impacted by food insecurity.

Come and learn more about the impact of this amazing organization.

Chef Kevin will be using produce from the Providence Farm Collective in preparing the lunch to follow.

Lorna Lippes, Chair

10:30 AM – Convene 11:00 AM – Program

12:30 PM – Buffet Lunch (optional)

Guests welcome

Talk – no charge Lunch - \$15.00

Please reserve for the talk and lunch with Margie Linton
mlinton@garretclub.com

MORNING TECH TALK

Wednesday, November 9



Learn How to Cut the Cord

Greenlight Networks, a fiber-optic internet Provider is giving Spectrum some competition. If you are one of those people who have 500 television channels and can never find anything to watch, it might be time to cut the cable cord, take full control of what's on your television and save money.

Lorna Lippes, Chair

10:30 AM – Convene 11:00 AM – Program

12:30 PM – Buffet Lunch (optional)

Guests welcome

Talk – no charge Lunch - \$15.00

Please reserve for the talk and lunch with Margie
mlinton@garretclub.com

H&W Talk

Tuesday, December 6 @ 5:00 p.m.



Dr. John Leddy

“Concussion and Post-Concussion Syndrome”

Dr. John Leddy is President of the International Concussion Society. He is a Professor of Clinical Orthopedics and Rehabilitation Sciences at the University at Buffalo Jacobs School of Medicine and Biomedical Sciences, the Medical Director of the University at Buffalo Concussion Management Clinic, the Director of Outcomes Research for the UBMD Department of Orthopedics and Sports Medicine at the University at Buffalo, and the former Program Director of the University at Buffalo Sports Medicine Fellowship. Along with Barry Willer, PhD, Dr. Leddy developed the Buffalo Concussion Treadmill Test, the first standardized treadmill test in the U.S. to determine a concussed patient's exercise tolerance and to prescribe sub-threshold exercise treatment to speed recovery. In 2016, Dr. Leddy received the Best Overall Research Award from the American Medical Society for Sports Medicine.

Talk is available in person or via ZOOM
No charge for H&W Talks Guests are welcome
Buffet dinner available following talk \$35

Reserve with Margie for the talk
(in person or ZOOM) and/or buffet dinner
mlinton@garretclub.com

H&W TALK

Tuesday, November 8 @ 5:00 p.m.

Therapy Pets featuring the SPCA Serving Erie County's Paws for Love Program



Join Kelly Wolfe and Debbie Braun from the SPCA who will discuss the beneficial effects that animals have on the health and well-being of adults and children, what to look for in an animal that would make a good therapy animal and the SPCA's programs and services creating a positive impact on our community.

Thank you to Garret member and animal-lover
Marilee Keller for arranging this talk

Talk is available in person or via ZOOM

No charge for H&W Talks Guests are welcome

Buffet dinner available following talk \$35

Reserve with Margie for the talk (in person or ZOOM)
and/or buffet dinner- mlinton@garretclub.com



The Book Club meets the 3rd Thursday of the month.
11:00 a.m. in the Clubhouse & ZOOM

Thursday, November 17

Hag-Seed by Margaret Atwood

Reserve for the meeting & for ZOOM
with Pat Notarius @ patdnot@verizon.net

Lunch reservations @ mlinton@garretclub.com

BRIDGE NEWS

MEMBERS' ANNUAL DUPLICATE TOURNAMENT

1ST PLACE ~ Mary Berlow & Donna Pottle

2ND PLACE ~ Amy Habib & Callie Ostendorf

3RD PLACE ~ Margot Banta & Leslie Curtiss

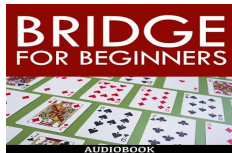
4TH PLACE ~ Susan Burns & Carole Sedita

Congratulations!

MEMBERS' INTERCLUB TOURNAMENT

Monday, October 3

Congratulations to The Chatterbox Club as winners
of this year's tournament and host to the crystal trophy...
until next year!



January/February 2022

Ruth Nawotniak, Instructor

Six lessons – Wednesdays from 10:00 a.m. to 12:00 noon

January 4, 11, 18, 25, February 1, 8

\$20 per lesson paid to instructor

\$100 for all six lessons if paying upfront

No refunds for missed classes

Reserve with Margie for lessons and for buffet lunch \$15

mlinton@garretclub.com

MONDAY DUPLICATE BRIDGE

Each Monday @ 10:00 a.m. & after lunch

New players welcome!

If you're interested, contact Susan Burns, Bridge Chair

Regular Social Bridge

Each Thursday

September 22 – Memorial Day

Buffet lunch available at 12:30 p.m.

Afternoon play beginning at 1:15 p.m.

To play, call Marianne Sprague at 716/882-1639

To stay for lunch, reserve with mlinton@garretclub.com

ART MUSEUM TOUR & VISIT

Wednesday, November 30

CASTELLANI
ART MUSEUM
OF NIAGARA UNIVERSITY



Noted Buffalo art collector Dr. Gerald Mead will lead a tour of the exhibition "Passion and Patronage: Gifts from the Gerald Mead Collection" at the Castellani Art Museum of Niagara University. The exhibition includes work by prominent artists such as Charles Burchfield, Wendell Castle, Edwin Dickinson, Jenny Holzer, Beverly Pepper, Susan Rothenberg, Cindy Sherman, and Martha Visser't Hooft.

Tour at 11:00 a.m.

Carpool from the Club parking lot by 10:00 a.m.

Enjoy lunch at a spot of your choice nearby the museum in Lewiston or return to the Garret Club for buffet lunch, 1:00 p.m. seating.

Guests are welcome

No charge for tour; Club buffet lunch is \$15.00

Reservations for the carpooling, the tour and for Club buffet with Margie Linton,
mlinton@garretclub.com.

Catherine Tillou, Coordinator

Introduction to the Pilates Method

Thursday, November 10, at 11:00 a.m.



With Beth Elkin Wales

"Anyone can benefit"

Pilates is a unique exercise method that has proven its worth since the early 20th century. Beth will explain the history, how it differs from other types of "therapeutic" regimens, and its many benefits to people of all ages and fitness levels. Beth has been teaching Pilates since 2001 and is owner of Pilates Lab. She is a former dancer, teacher, and choreographer who has pioneered the use of Pilates in schools, athletic, and most recently, cancer patients.

Please reserve with Margie for the program and for buffet lunch to follow mlinton@garretclub.com

Weekly ZOOM Pilates with Beth

Ongoing - Each Wednesday at 8:45 a.m. to 9:45 a.m.

Contact Maura Cohen, Coordinator
rmcmkt15@gmail.com or 886-3962

Membership News

Welcome to Our New Resident Members

SUSAN CARDAMONE AND BARBARA HOLUB

Please see their enclosed bios and contact information.



*Interested in sponsoring
a candidate for Club membership?*

First step: send an e-mail to the Garret office (office@garretclub.com) with a brief biography of the candidate to include:

- Full name of the candidate
- Names of two sponsors
- Status request (Resident, Non-Resident, Legacy)
- Occupation
- Community interests
- Hobbies and activities
- Other background: education, family, etc.

Upon approval of the Executive Committee, the office will provide one of the sponsors with an application packet to start the process.

Sometimes, all you need to do is ask.

Vivian Quinn, Membership Chair

MEMBER CONTACT UPDATES

New e-mail

Carol Campbell

campbellcm71@gmail.com

New address

Jackie Culliton

44 Hampton Hill Drive
Williamsville, NY 14221-5840

New address

Jane Hamilton

33 Gates Circle
Buffalo, NY 15409-1197

New address

Susan Thomas

33 Gates Circle, #7D
Buffalo, NY 14209-1133

MAH JONGG



Each Wednesday in the Club

10:30 a.m. ~ Play & Instruction

Mah Jongg Coordinator & Instructor

Contact Diane Cart @ dicart80@gmail.com

Lunch reservations with mlinton@garretclub.com



ART & CRAFT WORKSHOPS



Share your talent

The Art Committee is looking for volunteers to teach a craft or art class. In recent years, these classes have included but are not limited to découpage, pottery, holiday decorations, Easter eggs, painting en plein air, knitting, papier-mâché, and watercolors. Classes may be in the form of a single class or a series of classes. Instructors are offered lunch at no charge the day(s) of their classes as a Club thank you. If you are interested, please reach out to Art Committee Chair Cynthia Baird Stark @ cbs36@yahoo.com.

We oughta be in pictures!



While conversation on cell phones outside sanctioned areas in the clubhouse is prohibited, cell phone use for photography is permitted. Please feel encouraged to take photos at any appropriate time and consider forwarding some of your glamour shots to the office, office@garretclub.com. Photo documentation of club activities and members is a vital piece of our history. Help us preserve and highlight all the things we love about the Garret!



Calling all Zoomers!

We are looking for member volunteers to assist with Zooming Garret Club events. We will provide step-by-step training to master the Zoom video conferencing so you can become a "Zoom Keeper."

Interested in hearing more? Please contact:

Ann Monroe

716-698-1608 or monroeann1064@gmail.com

Dining at The Club



Bistros À la Carte Dinner

Reserve by 2:00 p.m. same day

Thursdays, November 10, 17 No Bistro 11/03, 11/10

Friday, November 18 No Bistro 11/04, 11/11, 11/25

Seating times on the half-hour

Thursdays: 5:30 p.m. – 7:30 p.m.

Fridays: 5:30 p.m. – 8:00 p.m.

Buffet Dinner \$35

Tuesday, November 8 Available from 6:00 p.m. – 7:00 p.m.

Buffet Lunches \$15

Mondays, November 7, 14, 21, 28

Wednesdays, November 2, 9, 16, 23, 30

Thursdays, November 3, 10, 17 No lunch 11/24

Lunch seating times

Seating times: 12:00 noon, 12:30 p.m., 1:00 p.m.

Members & Guests

Men: collared shirts and jackets

Reservations Margie @ mlinton@garretclub.com

BISTRO to Go

Same day ordering and pick-up

For Thursday and Friday Bistro, order from the Bistro menu by 1:00 p.m. that day
Pick-up same day from 5:30 p.m. and 6:00 p.m.

Menus are e-mailed early in the week

Phone orders ONLY: 885-6010

Pick-up your order at the service door

Recruiting Part-Time Servers



The Club is actively seeking part-time servers for both daytime luncheons and evening events.

Please contact Dennis Webber, Club Manager

dwebber@garretclub.com

December

December newsletter/January calendar items are due to office@garretclub.com by Friday, November 11.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 11:00 Membership Mtg 11:00 House Mtg Thursday Lunch 1:15 Social Bridge BISTRO	2 BISTRO
5 10:00 & PM Monday Duplicate Monday Lunch	6 5:00 H&W Talk Dr. Leddy - Concussions Buffet Dinner	7 8:45 ZOOM Pilates 10:30 Mah Jongg Wednesday Lunch	8 Thursday Lunch 1:15 Social Bridge BISTRO	9  HOLIDAY LUNCHEON
12 10:00 & PM Monday Duplicate 11:00 Investment Club Monday Lunch	13	14 8:45 ZOOM Pilates 10:30 Mah Jongg Wednesday Lunch	15 11:00 Book Club Thursday Lunch 1:15 Social Bridge No Bistro	16  HOLIDAY DINNER DANCE
19 10:00 & PM Monday Duplicate Monday Lunch	20 11:00 Finance Mtg	21 8:45 ZOOM Pilates 10:30 Mah Jongg 11:30 Board Intros Wednesday Lunch 12:30 Board Meeting	22 Thursday Lunch 1:15 Social Bridge HOLIDAY CONCERT & DINNER 	23 No Bistro
26 Closed	27 Closed	28 Closed	29 Closed	30 Closed