

The Garret Club

Founded 1902



# MAY 2023

91 Cleveland Avenue Buffalo, NY 14222-1698 716/885-6010 office@garretclub.com www.garretclub.com

Mother's Day Brunch Sunday, May 14<sup>th</sup> N e n u Maple-Glazed Ham Sausages & Bacon Garlic & Herb Home Fries Chicken à la King Eggs Benedict Caramelized Onion & Smoked Gouda Frittata Crème Brûlée French Toast Roasted Mushroom & Asparagus Orecchiette Pasta Cold Poached Salmon with Capers, Egg & Red Onion Fresh Fruit

Assorted Mini Desserts & Garret Cookies

Buffet from 10:30 a.m. - 1:00 p.m. Seating times on the half hour, 10:30 a.m. - 12:30 p.m. Adults: \$40 Children 5-12: \$20 Children 4 years old and younger: no charge Guests welcome Reservations please with Margie Linton <u>mlinton@garretclub.com</u>



Memorial Day Monday, May 29

Summer Mondays Each Monday in June, July, August Note: buffet lunch will be available on Tuesdays



#### Upcoming Club Year April 1, 2023 - March 31, 2024

# From the President



Dear Ladies of the Garret,

I would like to take the opportunity of my last note to you all to tell you how much I loved this past year as President - a lot of work but I was so lucky to have a fabulous Board of Directors to work with - a wonderful group of ladies who knew how to get things done: Marcia O'Neil-White, Ann Monroe, Carolyn Mucci, Christine Wiktor, Vivian Quinn, Cynthia Stark, Linda Marsh, Mara Endl, Dawn Northwood, Ceil Kohlmeier, Ellen Carroll Hager, Gitti Barrel, Erica Tank and all the committee chairs and their members - I thank them all from the bottom of my heart for their hard work and dedication to the Garret Club. It has been a great year of accomplishments and a lot of fun events!

Coming up in May we continue our diverse array of entertainment and education: A Derby Party on May 6th, Mother's Day Brunch on May 14th (make sure to make your reservations for both of these popular events), and Health and Wellness presents two programs: "Stop the Bleed" on May 2nd followed by a First Tuesday buffet dinner and a morning talk on Parkinson's Disease on May 25th (make a reservation for lunch to follow). And of course, Pilates, Mah Jongg, bridge, investment club, book club, etc. Our shining star in May is the Mary Taylor Memorial Members Arts and Craft Show and the 121st Annual Meeting on May 16th. Please make every effort to attend the Annual Meeting this is where we say goodbye to retiring board members and hello to the new!

Our incoming President, Marcia O'Neil-White, will continue the traditions that are such a part of our club while embracing new thoughts and ideas. She will have a wonderful Board to work with and she brings energy and dedication to our beloved Club. There is a lot to do going forward.

Which brings me to this - isn't it absolutely wonderful not to have mentioned Covid restrictions??!!

Thank you all for your support and good wishes throughout this past year. It certainly has flown by! Take good care of yourselves and remember to always treat your fellow club members with kindness and respect.

Fondly, Anne Harding Joyce **President** Marcia O'Neil-White

> Vice President Ann Monroe

#### **Single Slate of Directors**

It is with respect and gratitude that we are announcing the following members who have accepted nomination to the Board of Directors.

> **One-Year Term** Jocelyn Gordon

**Three-Year Terms** 

Gitti Barrell Amber Dixon Ellen Carroll Hager

Devon Marlette Patricia Notarius r Mary Therrien

Election of Single Slate of Directors to be held at the Annual Meeting.

### **ACTIVITIES & EVENTS**

MONDAY DUPLICATE BRIDGE Each Monday at 10:00 a.m. and after lunch Susan Burns, Coordinator

ZOOM PILATES Each Wednesday from 8:45 a.m. – 9:45 a.m. Maura Cohen, Coordinator

> MAH JONGG Each Wednesday @ 10:30 a.m. Diane Cart, Coordinator

**BEGINNERS' BRIDGE LESSONS** Each Wednesday @ 1:00 p.m.

**SOCIAL BRIDGE** Each Thursday @ 1:30 p.m.

H&W TALK "Stop the Bleed" Tuesday, May 2 @ 5:00 p.m.

> **DERBY PARTY** Saturday, May 6

INVESTMENT CLUB Monday, May 8 @ 11:00 a.m.

MOTHER'S DAY BRUNCH Sunday, May 14

**REFLECTING POOL** Date and time TBA

**121<sup>st</sup> ANNUAL MEETING** Tuesday, May 16 @ 12:00 noon

**BOOK CLUB** Thursday, May 18 @ <u>1:30 p.m.</u>

H&W MORNING TALK "Parkinson's Boxing" Thursday, May 25 @ 11:00 a.m.

RESERVATIONS Please reserve with Margie Linton in the office <u>mlinton@garretclub.com</u>

# H&W TUESDAY WORKSHOP

Narcan, EpiPen and AED Training





#### Iris Danziger, MD

Dr. Iris Danziger is an assistant clinical professor in Otolaryngology, Head and Neck surgery at the Jacobs School of Medicine and Biomedical Sciences. She is the medical director of Buffalo Hearing and Speech and founding President of Amherst Southgate ENT PLLC. She is currently Vice President of the Erie County Medical Society, President of Hillel Buffalo, a member of the board of Governors of the Jewish Federation of Buffalo and board member of Temple Beth Tzedek. Dr. Danziger has been teaching no charge Stop the Bleed since 2019 and has trained over 1,000 individuals.

> Hands-on workshop No ZOOM Followed by First Tuesday Buffet Dinner (optional) Please reserve with Margie Linton for workshop and for dinner <u>mllinton@garretclub.com</u>





DEAN EOANNOU, FOUNDER & COACH Morning Talk on Thursday, May 25 at 11:00 a.m.

Parkinson's Boxing in Kenmore and Hamburg is a programmatic boxing program designed to relieve the symptoms of Parkinson's disease, especially those associated with balance and body movement. After all, a fighter needs the best balance possible.

Dean Eoannou graduated with a BS in Education from Cornell University. After retiring from Buffalo Stamping Plant as the Production Manager, he was hired as Head Coach for the University at Buffalo Boxing Club. He has received numerous awards in boxing including Golden Gloves and "Ring 44" Person of the Year. Dean started Parkinson's Boxing LLC, a nationally recognized program and the only unsured program of its kind in the US, after watching a news story on "60 Minutes" explaining how boxing can help Parkinson's patients. He felt the training could be more realistic and with his extensive experience, created a successful program.

Coffee at 10:30 a.m. Talk at 11:00 a.m. Followed by buffet lunch No charge for talk ZOOM available Lunch \$15 Guests welcome Reserve for talk & lunch with Margie <u>mlinton@garretclub.com</u>



Tuesday, June 6, at 4:30 p.m.



Rev. Dr. Melody Rutherford, DMin, MDiv, MS Staff Chaplin, Roswell Park Director, Department of Spiritual Care

#### "Spiritual Wellness"

- Integration of spiritual, emotional, social, psychological and physical – the importance of well-being
- Finding personal path with guideposts for spiritual wellness to help lead more meaningful and richer life experience
- ♦ Spirituality...Not religion

In person only; no ZOOM

Followed by First Tuesday Buffet Dinner (optional) No charge for chat Buffet \$40

Guests welcome Please reserve with Margie Linton

for chat and for buffet dinner <u>mlinton@garretclub.com</u>

### ANNUAL INTERCLUB DUPLICATE BRIDGE TOURNAMENT



Garret, Chatterbox & Twentieth Century Let's bring the crystal trophy home!

## Thursday, June 8

10:00 a.m. ~ Coffee & pastries 10:30 a.m. ~ Play begins 12:00 noon ~ Served luncheon 1:00 pm. ~ Play resumes All Club members are welcome to play! \$30 per person Reserve with a partner by Wednesday, May 31 Margie Linton @ <u>mlinton@garretclub.com</u> Susan Burns, Chair



As a Club member, you are welcome to participate in a variety of weekly and monthly activities with other members. Whether it's Mah Jongg, bridge, writing, investing or exercise, new members are especially encouraged to sign up for any and all offerings as a fun way to meet other members. And plan to stay with the group for buffet lunch. Club activities – unless there is an instructor or materials fee – are free of charge to members. The buffet lunch – soup, salad, entrées, and – of course – house cookies is \$15.00. The monthly newsletter lists activities and times.

## \* \* \* Reservations please \* \* \*



Pilates Professional, Beth Elkin Wales, leads us through heart and mind healthy moves.

Each Wednesday at 8:45 a.m. – 9:45 a.m.

Contact Maura Cohen, Coordinator <u>rmcmkt15@gmail.com</u> or 886-3962

## MAH JONGG



Each Wednesday 10:30 a.m. ~ Play & Instruction Reserve for Mah Jongg with Diane Cart Coordinator & Instructor <u>dicart80@gmail.com</u>

Lunch reservations with mlinton@garretclub.com



The Garret Investment Club meets on the second Monday of the month at 11:00 a.m.

Interested? Contact Denise Hanlon

## Monday Duplicate Bridge



Each Monday 10:00 a.m. & after lunch Susan Burns, Coordinator

# Reflecting Pool



*Garret Club writers' workshop* Club members gather in the clubhouse to share and discuss their writing. *Date and time TBA* Please let RoseAnn Berardi know that you are coming @ rarb78@hotmail.com.

# Social Bridge



**Each Thursday** Buffet lunch seating at 12:30 p.m. Afternoon play beginning at 1:30 p.m. May player coordinator ~ Elle Heffner For lunch, reserve with Margie @ <u>mlinton@garretclub.com</u>



The Book Club meets on the third Thursday of the month either before or after lunch.

Thursday, May 18, at 1:30 p.m. (note PM time)

GARRET CLUB 1902-1922 A HISTORY Jane Kwiatkowski and Martin Wachadlo

Thursday, June 15, at 11:00 a.m. WHO KILLED JANE STANFORD? Richard White

Reserve for the meeting & for ZOOM with Pat Notarius @ <u>patdnot@verizon.com</u> Reserve for lunch @ <u>mlinton@garretclub.com</u>

# Save these June dates!



# Celebration

*Thursday, June 15* Kimberly Backey Coordinator

**LECTURE DINNER** Friday, June 30

### 43 NORTH

"The journey of business start-ups in WNY" Colleen Heidinger, President Bill Maggio, Chairman Emeritus and Chairman of the 43North Foundation Gitti Barrell, Coordinator



# Interested in sponsoring a candidate for Club membership?

**First step:** send an e-mail to the Garret office (<u>office@garretclub.com</u>) with a brief biography of the candidate to include:

- Full name of the candidate
- Names of two sponsors
- Status request (Resident, Non-Resident, Legacy)
- Occupation
- Community interests
- Hobbies and activities
- Other background: education, family

Upon approval of the Executive Committee, the office will provide one of the sponsors with an application packet to start the process.

> *Sometimes, all you need to do is ask.* Vivian Quinn, Membership Chair

The Board of Directors records with sorrow the death of Alison J. Fleischmann on April 16, 2023.



#### **2023 MEMBER DIRECTORIES**



New directories will be distributed to attendees of the May 16 Annual Meeting then mailed to other members.

You are welcome to pick your directory in the office after May 16.

# Mary Taylor Memorial Members' Art & Craft Show



## To Our Artists & Crayters!

#### Drop-off day: Thursday, May 11 From 9:30 a.m. – 12:00 noon in the garret

Please put your name on your item(s) and provide a title. You are welcome to deliver your items

before then to be stored in the office.

Installation: Friday, May 12 & Monday, May 15

#### Pick-up by Friday, May 26

Any questions? Contact Camie Greene or Lisa Abeyounis, Coordinators

#### **OPPORTUNITIES FOR GIVING**

THE GARRET CLUB HISTORIC PRESERVATION FOUNDATION

For preservation of the house and grounds

Payable to: "The Garret Club Historic Preservation Foundation"



**1902 VOLUNTARY FUND** For the ambience of the Clubhouse

Recent donations will be acknowledged with the June newsletter.

Payable to: "The Garret Club" with memo note "1902 Fund."



### THE BETTY WELCH FUND

*To assist employees in time of need* Payable to: "The Garret Club" with memo "Betty Welch Fund"



#### THE LEGACY SOCIETY

For those to whom The Garret Club has been a source of pleasure and who wish to make a bequest to the Club.

## Cakes \* Cakes \* Cakes



Our ace baker Cassie is now taking orders for cakes for in-house celebrations. To place an order, contact the office at least 2 weeks ahead @ 716/885-6010 or <u>office@garretclub.com</u>.

## Dining at The Club



**Bistros** À la Carte Dinner Fine wine list Reserve by 2:00 p.m. same day Thursdays, May 4, 11, 18, 25 No Friday Bistros available in May (private events) Seating times on the half-hour Thursdays: 5:30 p.m. - 7:30 p.m. Fridays: 5:30 p.m. - 8:00 p.m.

> Buffet Dinner \$40 Tuesday, May 2 @ 6:00 p.m.

#### Bugget Lunches \$15

Monday \* Wednesday \* Thursday Mondays, May 1, 8, 15, 22 No lunch May 29 Memorial Day Wednesdays, May 3, 10, 17, 24, 31 Thursdays, May 4, 11, 18, 25 Lunch is not available on Tuesday or Friday Lunch seating times Seating times: 12:00 noon, 12:30 p.m., 1:00 p.m. Members & Guests Men: collared shirts and jackets required for evening events. Collared shirts required, sweaters or jackets optional for lunches. Reservations Margie @ mlinton@garretclub.com



# BISTRO<sub>to</sub> Go

Same day ordering and pick-up

For Thursday and Friday Bistro, order from the Bistro menu by 1:00 p.m. that day Pick-up same day from 5:30 p.m. and 6:00 p.m. Menus are e-mailed early in the week

Phone orders ONLY: 885-6010

Pick-up your order at the service door

#### Second Servings



Extra servings of soups and entrées from our daily lunches are packaged and stored in the members' freezer in the kitchen. Treat yourself to a Garret dinner or take homemade soup to a friend. You are welcome to come into the kitchen to see what is available. Please add your selections to the Second Servings clip board.

		June Alt a the		
June nev	wsletter/July calendar it	ems are due to <u>office@gar</u>	r <mark>etclub.com</mark> by Friday, <u>M</u>	a <u>y 12.</u>
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<ul> <li>IMPORTANT Please help us plan!</li> <li>Reservations are required for all Club activities, events, committee meetings and meals - each time you and your guests come to meet and/or eat.</li> <li>A reservation at least 48 hours before is most helpful.</li> <li>Contact Margie Linton at <u>mlinton@garretclub.com</u>.</li> </ul>			1 11:00 Membership Mtg 11:00 Art Committee Mtg Thursday Lunch 1:30 Social Bridge 1:30 House Meeting BISTRO	2 No Bistro
5 Summer Monday	6 Tuesday Lunch H&W FIRESIDE CHAT "Spiritual Wellness" FIRST TUESDAY BUFFET DINNER	7 8:45 ZOOM Pilates 10:30 Mah Jongg WEDNESDAY LUNCH	8 INTERCLUB BRIDGE TOURNAMENT THURSDAY LUNCH 1:30 Social Bridge BISTRO	9 No Bistro
12 Summer Monday	13 TUESDAY LUNCH	14 8:45 ZOOM Pilates 10:30 Mah Jongg 11:00 Investment Club WEDNESDAY LUNCH	15 11:00 BOOK CLUB THURSDAY LUNCH 1:30 Social Bridge JUNETEENTH CELEBRATION	16 No Bistro
19 Summer Monday	20 11:00 Finance Meeting TUESDAY LUNCH	21 8:45 ZOOM Pilates 10:30 Mah Jongg 11:30 Board intros (pending) WEDNESDAY LUNCH 12:30 Board Meeting	22 10:30 Foundation Meeting THURSDAY LUNCH 1:30 Social Bridge BISTRO	23 No Bistro
26 Summer Monday	27 TUESDAY LUNCH	28 8:45 ZOOM Pilates 10:30 Mah Jongg WEDNESDAY LUNCH	29 THURSDAY LUNCH 1:30 Social Bridge BISTRO	30 LECTURE DINNER 43 North